

Issue 16: 11 SEPTEMBER 2019





## Be curious & Explore our Preschool at St Joseph's

### IMAGINE · DISCOVER · CREATE · ACHIEVE

# **Diary Dates for Term 3**

#### SEPTEMBER

Friday 20th Monday 23rd: Thursday 26th: Friday 27th Footy Colours Day Catholic Schools Music Festival Learning Journey 12.30 pm Finish—END OF TERM (OSHC OFFERED)

#### **OCTOBER**

Monday 14th Tuesday 15th Friday 25th Staff Formation Day—School Closure (OSHC OFFERED) TERM 4 BEGINS SPORTS DAY

#### NOVEMBER

Friday 8th

Whole School Concert







#### **LEADERSHIP & OFFICE CONTACT DETAILS**

Jenny DeGilio

jdegilio@sjsh.catholic.edu.au

Helen Clark

hclark@sjsh.catholic.edu.au

OFFICE: 8346 6569 OHSC: 0408 809 107

info@sjsh.catholic.edu.au www.sjsh.catholic.edu.au

56 Albemarle Street, West Hindmarsh 5007

Rita Garreffa

rgar@sjsh.catholic.edu.au

#### Dear Parents, Carers and Students,

In the past two weeks I have enjoyed the opportunity to informally meet with students and families within the school community. A priority for me is to establish a positive rapport with staff, parents, carers and students in our care. Familiarising myself with classes and learning areas, and embracing celebrations including class Masses and Father's Day gatherings, has affirmed the inclusive community culture which is reflected at St. Joseph's. I look forward to ongoing opportunities to meet families and engage with students in their learning.

#### **MAYORAL MAKE A BOOK**

Last Friday afternoon, three of our students were acknowledged and presented to the Mayor of Charles Sturt Council at the Woodville Town Hall. Each of the students had written and illustrated a book which won a Mayoral Make a Book Award. We congratulate Maya (Yr.1), Emily (Yr. 4) and Holly (Yr.6).

#### **FATHER'S DAY STALLS**

On behalf of the community I would like to thank the parent volunteers who generously donated their time to purchase Father's Day gifts and organise the stalls. We hope all dads enjoyed this special day.

#### LIFE ED DOME

Students across year levels, including the Preschool, participated in a 'Life Ed' Incursion. The dome was located in the gym and created curiosity and excitement amongst many of the children. The videos and interactive activities focussed on promoting the importance of personal health and welling.





#### **LEADERSHIP & OFFICE CONTACT DETAILS**

Jenny DeGilio

jdegilio@sjsh.catholic.edu.au

Rita Garreffa

Helen Clark

hclark@sjsh.catholic.edu.au

OFFICE: 8346 6569 OHSC: 0408 B809 107

info@sjsh.catholic.edu.au www.sjsh.catholic.edu.au

56 Albemarle Street, West Hindmarsh 5007

# rgar@sjsh.catholic.edu.au

#### START SMART INCURSION

The importance of children understanding the value of money, is a life skill. Students were fortunate to attend an Incursion called 'Start Smart.' This Commonwealth Bank initiative, focussed discussion on Credit Cards, the importance of only spending what you can afford, and the advantages of saving money; an important message for individuals of all ages!

#### LEARNING CONVERSATIONS

Parents have been invited to book an online Learning Conversation with your child's teacher. This is an excellent opportunity to discuss their learning milestones, celebrations and ongoing challenges.

God Bless

#### Jenny DeGilio & the Leadership Team



#### ANNUAL SPORTS DAY 2019—FRIDAY 25TH OCTOBER

All Parents, Grandparents & Friends are welcome to join us

#### WHERE:

Sam Johnson Sportsground (Fitzroy Oval)—Swan Ct, Renown Park SA 5008

ARRIVE: 9.00AM

**SPORTS DAY FINISHES: 1.30PM** 

Religious Education News

#### **Catholic Charities**

September is Catholic Charities Appeal month. Each family was given an envelope with information regarding these charities. Please consider donating if you are able.

Charity is at the heart of Living Catholic. Catholic Charities is an umbrella organisation that supports the following agencies working with the most vulnerable in South Australia.

The agencies supported by Catholic Charities are:



#### **Upcoming Masses/Liturgies**

- Week 9, Wednesday 9am: Year 4C Mass- Chapel
- Week 10, Wednesday 9am: Reception Liturgy

#### **Altar Servers**

Any student who has completed the School/Parish Sacrament Program (Reconciliation, Confirmation, Eucharist) in the past, is invited to train to become an altar server for weekend and school Masses. Altar serving is another way to minister within our Parish. A member of the Hindmarsh Parish will train and prepare students. Please send me an email or come and see me if you would like to find out more information. A separate note will come home in Term 4.



Let us show love in our acts, bearing with one another. Forgiving and forgetting. (Mary MacKillop, 1890).

God Bless, Helen Clark APRIM

But of School Hours-Vacation Care

#### **OSHC AND VACATION CARE NEWS**

Forms for End of Term, Staff Formation Day and Vacation Care

#### are available on the school's website and OSHC centre.

Please ensure all forms are returned by Monday 23<sup>rd</sup> September to enable the organisation of appropriate staffing.

#### END OF TERM 3: FRIDAY 27<sup>TH</sup> SEPTEMBER – SCHOOL FINISHES AT 12.30PM

Friday 27<sup>th</sup> September, 2019 school will finish at 12.30pm. If you require OSHC please fill in booking sheet by Monday 23<sup>rd</sup> September. COST \$25

A BOOKING DEPOSIT OF \$10 PER CHILD IS REQUIRED TO CONFIRM YOUR BOOKING. Lunch and Afternoon Snacks will be provided

#### **STAFF FORMATION DAY (School Closure)**

Monday October 14th will be a Staff Formation Day. If you require OSHC for your child please fill in booking sheet by Monday 23<sup>rd</sup> September. COST \$50

A BOOKING DEPOSIT OF \$10 PER CHILD IS REQUIRED TO CONFIRM YOUR BOOKING.

Morning, afternoon and lunch will be provided

#### **VACATION CARE**

October Vacation Care Forms available for holidays September 30<sup>th</sup> to October 11<sup>th</sup>. Bookings will only be accepted when forms completed and a **deposit of \$20 per day per child.** Bookings are limited during these holidays due to staff on holidays ,so please book early.

All bookings to be completed by Monday 23<sup>rd</sup> September, 2019

Any queries please contact me or come in and see me.

**Mirca Bray** 

OSHC Director Phone: 0408 809 107 Email: oshc@sjsh.catholic.edu.au



# Friday 8th November 2019

Family Christian Centre 185 Frederick Road, Seaton

Time: 6.45pm

\*more information coming soon





This week the children made popcorn as a gift for Father's Day. We had some help to operate the popcorn machine from some of the older school boys who make it regularly in OHSC. Portraits drawn by the children have also been displayed.





What is happening in the Preschool?











The Early Years Learning Framework states "Children are connected with and contribute to their world". Children who have the opportunity to explore relationships with other living things, and help to care for them, become socially responsible and show a respect for the environment around them.



It was an exciting week at Preschool as our incubated eggs began to hatch. We thank Craig Costello <u>(Emilia's</u> Dad) for organising this experience for us and we look forward to seeing them again when they are older to observe their growth and physical development.

# parenting **\***ideas

# insights

# Helping your child avoid being cyberbullied

by Martine Oglethorpe



TECHNOLOGY AND PARENTING

Cyberbullying of children and teenagers is one of the greatest fears facing parents today. The thought of their child being subjected to heinous words, threats to their physical safety, as well as their social and emotional wellbeing, is something no parent wants their child to experience.

Most of the bullying behaviours we now see are happening from behind a keyboard, playing out in social media feeds and gaming chat rooms. It is little wonder parents feel overwhelmed and out of their depth, especially when for most, online is an environment that is relatively unfamiliar.

So what can we do to help our kids avoid these types of behaviours, as well as give them the skills to deal with cyberbullying behaviours should they be exposed?

- Remind them of all of the things they have control over: While it may not feel like it, we have a lot of
  control over what happens online. We can determine who we talk to, what we ignore, what we share, how we
  comment, who we follow, who we block or hide from our feeds. All of that, helps us determine who is allowed
  to play a role in our online experiences and ultimately what behaviours we accept on our feeds
- Give your child time away from the screens: Everyone needs a break from screens. We want to encourage regular times when a child doesn't need to be tethered to their device. Building a wider community away from the screens helps a child or teen build their sense of self worth. Keeping devices away from the dinner table also gives them a break from being socially switched on and allows the to connect with family without a device. Removing devices at night helps their active brains to switch off, and prepare for sleep.
- Role play possible responses: Discuss with your child whether whether they should respond to bullying or nasty online comments, If they do, then consider how they could respond. Consider the statements or types of people they ignore, block or report.
- Regularly check the privacy settings: Every app, game and social network has a settings button that
  enables you to determine how positive an experience your child can have on that platform and how much
  control they have. Visit these settings regularly to look at the options available

While nothing is guaranteed particularly when it comes to the online world, we can certainly be taking steps to help our kids. We can give them skills, encourage positive behaviours and thinking that allow them to minimise their exposure to the bullying behaviours of others.

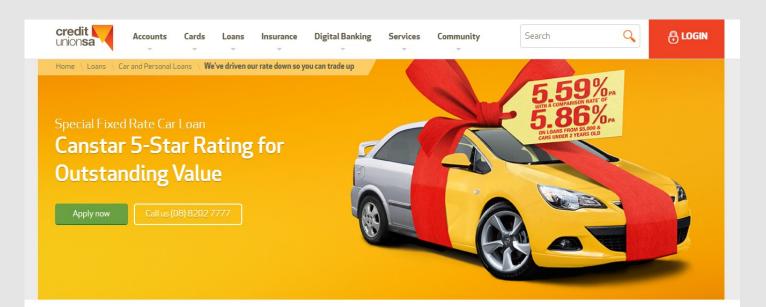
## parenting **\***ideas

If your child is being cyberbullied you can also access the reporting tool at esafety.gov.au



#### Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent



We've driven our rate down so you can trade up! At Credit Union SA, we've driven our car loan rate down because we know that changes in life can mean a change in car.

If you're looking for a great finance deal then our fixed car loan rate of 5.59% pa with a 5.86% pa comparison rate lets you trade up.

Our very low car loan rate applies to loans from as little as \$5,000 and is available for new and used vehicles under 2 years of age. So whether you're starting a new job, or new family members are on the way, we've made it easier to trade up – from one South Australian to another.



<image><section-header><section-header><text>

Notice: For security reasons, current members of Credit Union SA are asked to submit all account enquiries through Internet Banking Secure Mail.

You will receive a call from our specialists on the same day of your enquiry at your preferred time, between 8.00am – 8.00pm Monday to Friday and 8.00am – 2.00pm on Saturdays.

#### Contact us

1 1 K 1

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019 - TERM 2	*YZZY	Pizza (whole) \$4.00	Pizza (half) \$2.50	Ham & Pineapple, Supreme, Veg.	SANDWICHES, ROLLS & WRAPS:	(White or wholemeal bread)	Dlain huttered \$1.50	cents	Please list fillings of your choice: (50 cents per filling)	cheese ham, tomato	vegemite roast chicken lettuce	y jam tuna	avocado carrot	Mayo, mustard 20c each	DRINKS AVAILABLE ALL DAY		Bottled Water \$1.20 Juice (250ml) Apple/Apple & Blackcurrant/Orange \$2.00		UP & Go Vanilla (250ml) \$2.20 V8 Tropical \$2.20		PLEASE NOTE: Cutlem mill only to any idea from with contrast food muchanos	Cullery will only be provided tree with canteen lood purchases, otherwise there will be a charge of 10cents/item. Thank you.	*Nutrition breakdown can be found on the school website.
ST JOSEPH'S TUCKSHOP MENU	AVALLARLE RVRRV DAV.		CHICKEN NUGGETS:*		5 Chicken Nuggets \$4.00 Extra nuggets 80 cents each		5	g roll/Wrap	with salad \$5.00 Sauce/Mayo 20 cents each		SIDES:	Can be ordered separately or as a nuggets/fish combo	Salad cup \$1.00	acumber, tomato)		Corn Cobette \$1.20	HAMBURGERS:*	Beef Burger (home made) \$3.50	PLUS salad \$4.50 Theorem 50 cents	navo		PASTA SPECIAL:*	Beef Lasagne ( <u>home made</u> ) \$4.00

## ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019

# **DAILY SPECIALS:**

(<u>Term 2</u>)

<u>MONDAY</u>	Hot Dog (whole) Hot Dog (half) Cheese Tomato/BBQ sauce/Mustard	\$3.50 \$2.50 50 cents 20 cents
*NEW!*	Hot Chicken Rolls Coleslaw Cheese	<b>\$3.50</b> \$1.00 50 cents
<u>TUESDAY</u>	Cheesy Vegetable Slice	\$3.50
<u>WEDNESDAY</u>	Nacho Cups (wholemeal tortilla chips with vegetarian sauce and melted cheese	\$2.00
<u>THURSDAY</u>	<b>Sushi</b> Teriyaki Chicken/Tuna/Veg. Soy Sauce	\$3.50 20cents
<u>FRIDAY</u>	<b>Cup of Fries (thick cut</b> ) Tomato sauce Sweet chilli mayo Melted cheese	\$3.00 20 cents 50 cents 50 cents

CUPCAKE TUESDAY - lunchtime only 50cents/cake



ENJOY A SUPERB 3-COURSE MEAL AND BEVERAGES WITH AN EVENING FILLED WITH LIVE FASHION SHOWS AND JOE AVATI AS OUR MC YOU CAN ALSO FIND US ON FACEBOOK (Paws for autism Kids) AND INSTAGRAM (@pawsforautismkids)

TABLES OF 12 - \$130 EACH TICKET TICKETS SOLD AS A TABLE OF 12 OR AS A PAIR THIS TICKET INCLUDES: A THREE COURSE MEAL WITH BEVERAGES A LIVE SHOW BY JOE AVATI (ALSO THE MC) LIVE 2019 FASHION SHOWS BY ELIZA FRENCH AND VARACALLI COUTURE EACH TICKET IS A RAFFLE GOING TOWARDS A VARIETY OF PRIZES AND THEY WILL BE ANNOUNCED PER TABLE (MORE RAFFLE TICKETS AVAILABLE FOR PURCHASE ON THE NIGHT!)

> CONTACT NUMBER FOR TICKETS: 0430 783 555 DRESS CODE: BLACK MTIE

IF A SUIT OR GOWN IS NOT WORN, ENTRY WILL NOT BE PERMITTED. THANK YOU JOE AVATI VARACALLI COUTURE ELIZAFRENCH SECTOR MIGHBURY & HENDO'C & Designer, AUTO

SEPTEMBER 21 2019	THE GRAND BALLROOM 443 TAPLEYS HILL ROAD FULLHAM GARDENS	SATURDAY 6:30 - MIDNIGHT PM	
-------------------------	--	--------------------------------------	--





The Parents and Friends will be holding a Sausage Sizzle on Friday 20th September.

This year we have a **Special meal deal** available to our children.

The Meal Deal consists of a sausage with or without sauce in bread, plus 1 lamington

**& 1 multi flavoured jelly.** All for \$5.00 . Extra sausages can be ordered for \$2.50 each.

To assist with catering please indicate your child's order and quantity on the slip below and return it in an envelope to your child's class teacher WITH THE MONEY ENCLOSED. \*\*Each child needs their own order form.\*\*

Orders need to be placed by 16th September.

Child's Name:	Child's Class:
\$ 5.00 Meal Deal (Sausage & Bread, Lam	ington and Jelly) Please tick if you would like sauce
Sausage and Bread <b>\$2.50 each</b>	Please tick if you would like sauce Quantity:
Please find money enclosed in the envelope \$	for payment of this order.
St Joseph's Hindmarsh <mark>FOOTY DAY MEAL DEA</mark> teacher no later than MONDAY 16TH SEPTEMBE	<b>AL ORDER FORM</b> . Please return your form to your child's class R 2019.
Child's Name:	Child's Class:
5.00 Meal Deal (Sausage & Bread, Lan	nington and Jelly) Please tick if you would like sauce
Sausage and Bread \$2.50 each	Please tick if you would like sauce Quantity:
Please find money enclosed in the envelope \$ _	for payment of this order.
St Joseph's Hindmarsh FOOTY DAY MEAL DE	AL ORDER FORM. Please return your form to your child's class
teacher no later than MONDAY 16TH SEPTEMBE	
Child's Name:	Child's Class:
5.00 Meal Deal (Sausage & Bread, Lar	nington and Jelly) Please tick if you would like sauce
Sausage and Bread \$2.50 each	Please tick if you would like sauce Quantity: